

The Mentor's Table

A Transformative Godly Lifestyle

Quarterly Newsletter

January – March 2022 Edition



AFFIRMATION AND DAILY CONFESSION TO MY FAITH

I am the righteousness of God in Christ Jesus, 2 Corinthians 5:21 - Thank God, accept, believe, act, and declare daily!

WOMEN STEPPING OUT BY FAITH

Reverend Sandra Hadland/Servant Leader

HAPPY NEW YEAR

Oh, where did 2021 go? To say the least, participants of The Mentor's Table can attest to a tremendous journey with the Lord and with each other. Our weekly sessions and both Boot Camps, although at times uncomfortable and very pressing, proved in the end to be provocative enough to bring about changes in our lives. We laughed, shared, and cried together, and if the truth be told, at times, tried desperately to hold onto old habits, whether out of fear wanting to rationalize our positions and deflect even in the case of being conscious of it or not. However, through the uncompromising love and grace of our Heavenly Father, He refused to allow us to get away from His goal of bringing to the forefront whatever was necessary to be stripped away. The process took some getting used to but in the final analysis brought about testimonies revealing personal edification, and as a result, God's Glorification. With gratitude to Almighty God, we celebrated in grand style, the goodness of God at our "PENTECOST EXPERIENCE CELEBRATION!"

The question for us now is, where do we go from here? Venturing into this new year, 2022, let us move with intention as "WOMEN STEPPING OUT BY FAITH" with a determination to put God first. Being purposed to serve, let us continue our journey in humility moving with assurance that by faith we can serve at the master's bidding to whomever He has designated us to serve. He has and is equipping us day by day. Now let God help Himself to our lives by allowing Him to pour into us however little or much that seems good to Him. Ours is to respond by walking out that which He pours into our lives one step at a time, one day at a time, serving with love to the Glory of God! We have the victory! HAPPY NEW YEAR ONE AND ALL!

EDITORIAL CORNER

HIGHLIGHTING OUR FIRST CYCLE

I was struck by how the scripture references and illustrations in *Transformational Grace* were in sync.



Terry Dwyer
Editor



Delphina
Jon Baptiste
Co-Editor

I had no idea what

to expect on the first Zoom call.

I noticed that it was over an hour and decided to mention that to those I invited.

As we got more acquainted with the format and with each other, I realized that the evening's events would go by faster. The breakout sessions gave each person a chance to unveil. Each assignment stretched me and challenged me. I found myself looking forward to Mondays and clearing my calendar. Meeting with my Mentor became a priority and I decided that this was an investment of my time, I intentionally set myself up to be in the position for a blessing. My family and friends knew that I was unavailable on a Monday night for 2 hours, at least...Do not disturb. I developed an appetite for savoring each weekly portion at the Mentor's Table. What unfolded was a deeper understanding of how the Holy Spirit was working in me and in my sisters at the table. God used Rev. Hadland as our server to guide us through each serving and each boot camp to sharpen us for the work of kingdom building. Clearing out mess, facing the un-pleasanties, rebuilding, restoring, refreshing, re-shaping & empowering us for all that God has in store for us. Challenge, work, blessing; obedience has its reward and disobedience had its consequences. We could not be side-tracked, fall below standard, we had to put in the work. Through the Vision Board, I continue to see God use this exercise to reveal the direction in which He is leading me. I'm so excited to have taken a seat at the table for the inaugural year. I was honored to chair the celebration and work alongside a team of dedicated women; each breakout group bonded & developed spiritually.



The Mentor's Table

Vision, Mission, and Values

Non-Denominational, Non-Ethnic, Non-Cultural

Vision Statement

The Mentor's Table Vision is dedicated to empowering persons from all walks of life to fulfill their potential and live up to their God intended purpose.

Mission Statement

Our mission goal is: To encourage, empower, inspire, assist, mentor, and to nurture a "Transformative Godly Lifestyle," one life at a time, while building the kingdom of God.

Values Statement

We intentionally aim to promote, instill and foster by example integrity and excellence, values expressed by Jesus Christ

DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

THINK AND MEDITATE ON THESE THINGS

SCRIPTURES FOR THE FIRST QUARTER
January – March 2022



Rev. Sandra Hadland



SCRIPTURES TO BRING LIGHT, HOPE AND PEACE:

For dialogue on any of the scriptures below, please contact Rev. Sandra Hadland on our website at www.thementorstable.com through our "contact us" page, dialogue will begin here!

All Scripture quotes are taken from the NEW KING JAMES BIBLE.

YOU ARE CHALLENGED TO LEARN THE SCRIPTURES BELOW FOR THIS QUARTER, January – March 2022

2 Timothy 2:15

Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth.

Psalms 119:11

Your word I have hidden in my heart, that I might not sin against You

Philippians 4:6-7

6) Be anxious for nothing but in everything by prayer and supplication, with thanksgiving let your request be made known to God; 7) and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Psalms 1:1-3

1) Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful; 2) But his delight is in the law of the Lord, and in His law, he meditates day and night. 3) He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper.

Galatians 5:22-23

22) But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23) gentleness and self-control.

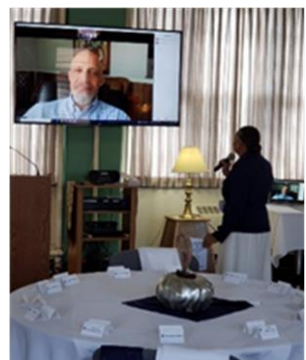
SPECIAL RECOGNITIONS



Julie O'Connell – Website Photography and Zoom Host



Bettina Knowles – Book and Website Editor



Robert Hadland – Website Developer, Operations and Maintenance

The Mentor's Table Intercessors



- Julie O'Connell – Lead Intercessor
- Bernadine Charles
- Stephanie Dawson
- Gwendolyn Hepburn
- Anja Jett
- Georgia Mack

Our prayers are ongoing for this Ministry, and The Mentor's Table Family.

If you need special prayer, please reach out to us through the website contact button.

Blessings Julie O'Connell, Lead Intercessor

SCHOLARSHIP FUND

Several years ago, God spoke to me about a Scholarship Fund; needless to say, it went to the back burner of my mind until I was challenged to build a vision board.



Tina Swain

I am happy to say among the many blessings Almighty God has bestowed upon me through the Mentor's Table was to build a vision board.

Building this vision board taxed me beyond measure, to the very core of my being. I wrestled to answer and work through several personal questions in order to complete my assignment. Though taxing and tedious, my spiritual eyes were being opened to a deeper level whereby I could see God moving in my life.

One of the questions to be answered was, "What has God spoken to you about?" The second question in this vein was "Have you responded, if so, how?" For years this remained dormant inside of me, but the vision board brought it to light, to God be the Glory because, I am in the process of building an academic Scholarship Fund that will bless many under-privileged students. Again, TO GOD BE THE GLORY!

Stay tuned for more Scholarship news.
Tina Swain

Editorial Corner Continued from Page 1

Allow me to offer my appreciation to our Co-Editor of this newsletter- Delphina Jon-Baptiste for her support; to Rev. Hadland & Julie O'Connell for arranging the photos and to Tina Swain for her invaluable contribution, bringing her Vision Board to life. To Bettina and Robert who worked behind the scenes from Day 1 and to Julie for being our Zoom Facilitator throughout the 30 weeks and for the Celebration, to our Intercessors, and Sister Bernadine, our Secretary, I say a big thank you! We know that God will lead the way ahead. You are all invited to the table whether for the first time or for those returning we say, Welcome back! The Holy Spirit is saving a seat, just for you. Share the website: TheMentorsTable.com; walk down memory lane (August 13-15, 2021). The fellowship and food at the Celebration exceeded our expectations! Praise God! We want to highlight the scriptures which Rev. Hadland has recommended for us to memorize and meditate on. Check out the testimonies that are featured. As future issues are published, you will get a chance to share how God has blessed you through this ministry.

TESTIMONY HIGHLIGHTS

Life is a journey that is taking me on dissimilar highways, routes, and back-roads. The Mentor's Table has helped me to recognize the significance of my adventures and it's provided me with much needed guidance. Not realizing it, but God had His hand on me the entire time. The journey doesn't end here and so with God's loving guidance, it's just the beginning of new expeditions in my life.



Bernadine Charles

In my journey of the Mentor's Table, I traveled on a fast-paced **Highway, I-95**. The insight opened my eyes that revealed to me, I should be more Christ-like and take my relationship more seriously with God. What a turning point in my life! I've sowed into the Mentor's Table for months of studying, praying, sharing, and listening. Because I now take time with my heavenly Father and as a result, I hear the Holy Spirit speaking to me. He gives me direction and answers to questions that I've been wavering on. I devote more time to the Lord by reading my Bible, Daily Bread, and daily devotions. Therefore, I've learned to put my faith in God.

Another excursion took me on **Route 15, The Merritt Parkway**, which was a place where I can be transparent, vulnerable, and learn about myself; a place where the members of the group could share their concerns. In one of my moments of true transparency, I realized that I was not alone in what was hidden deep down inside of me. It was a place of refreshment in the Lord.

The Mentor's Table especially helped me to work through those bumpy and windy **back roads**. Those roads can be dark, scary, and fearful.

One road was dealing with my son's passing and my surgery. The poems from "Transformational Grace" helped me to press on. Giving my struggles to God and believing that he will heal and give me peace through it all. I just had to simply trust in God and put Him first in my life.

Another backroad had so many hills that I thought, "How can I make it up this hill?" The sessions reminded me that I was not patient, not to take matters into my own hands, learn to forgive, do not be bitter, and more importantly, rebuke the devil at all times in all situations. Since he stays busy, I have to stay busy as well.

This journey has not been comfortable, but what I can take from it, is priceless. The aspects of what I've learned has taught me to be patient, spend quality time with God, get rid of the junk that I was carrying around, be obedient to God's will, don't be so quick to judge, speak to others in a Godly manner, and to forgive others as well as to pray for them.

God is bigger than any of my obstacles. He is there to support me in the resolution of my problems and comfort me in my pain, hurt, and sorrow. The Mentor's Table is a place to explore yourself and understand that the 'Perfector' of your faith takes care of His children. "Come Into the Deep," a Mentor's Table poem showed me how deep my problems were buried. I realize I have to give it to God, trust in Him, and let Him guide me on this journey. I had a lot of work to do and am still working on it. As I mentioned before, it doesn't end here it's just the beginning of a new expedition.

Thank you, Rev. Hadland for your teachings, spiritual guidance and dedication to me these past thirty weeks. You have helped me tremendously. I thank God for you because of His Grace given you in Christ Jesus.

Many thanks to my breakout room sisters, your sweet spirit made it easier to be able to share my experiences.

Bernadine Charles

CELEBRATION 2021 HIGHLIGHTS

RECEPTION



MEET AND GREET WELCOME BY REV. SANDRA HADLAND CELEBRATION PLEDGE



DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

CELEBRATION 2021 HIGHLIGHTS

CELEBRATION PLEDGE A CELEBRATION TO ALMIGHTY GOD

With the help of The Holy Spirit, we abandon ourselves by faith, in total confidence upon you, Almighty God, to be Reckless for Christ. In this, we have deliberately moved everything out of our way, clearing our calendar, for one purpose only – “TO MEET WITH YOU, GOD.”

This celebration is intentional and purposeful. It is a time set aside to gather, being of one mind, one purpose and one goal, AND ON ONE ACCORD – to meet corporately with you, God. We offer our gratitude to you, Lord, for hand picking us for such a time as this – for mentoring us all and pouring out your love on us all these past weeks and months, for molding us to be pleasing to you for strategic purpose, and to witness you in a deeper and more profound way!

Almighty God, with an act of sacrifice, we offer to you ourselves and all that we are spirit, soul, and body, our time, our focus, our finances, our presence, and our praise. Our worship is intentional and purposeful. WE ARE HERE TO COMMUNE WITH YOU and to become more like you!! THIS WE PLEDGE TO YOU, on this celebrated weekend of August 13 - 15, 2021.

THE MENTOR’S TABLE FAMILY



To the right is Reverend Sandra Hadland and Kasia Owczarek sporting her Mentor’s Table bag. Kasia Owczarek is the Director of Special Events/Facility Rental at the Holy Family Passionate Retreat Center. To the left photos of the Holy Family Passionate Retreat Center

TESTIMONY HIGHLIGHTS

The Mentor’s Table has been and is such a blessing to me. Reverend Hadland is an excellent mentor and teacher. She believes in the excellence of God and demonstrates that in the ministry of the Mentor’s Table.



Pastor Eva Gamble

I had previously read the book ‘Transformational Grace’ and used it for the Church of the Redeemer’s bible study. I was so truly blessed by the book that I did not hesitate to be a part of the Mentor’s Table.

God spoke to me about the real me and my relationship with Him. The book, Transformational Grace, exemplifies the Grace of God as I was transformed each week. God was peeling the layers of the world from me like an onion. I was learning who I really am and not what other people think I am.

Each week I saw myself through each of the poems. There was no hiding. I especially loved the poem “The Journey”. This poem spoke to me that I cannot take shortcuts in life.

There are trials and tribulations on this journey of Life that I must endure and God is with me. The Holy Spirit is my guide and is guiding me during this journey at the Mentor’s Table. The truth is making me free from my fears and bondages. I see the purposes and destiny that God has for me. I highly recommend the Mentor’s Table and the book ‘Transformational Grace’.

Pastor Eva Gamble



Karen Hill Johnson

I arrived at the Mentor’s Table with uncertainty. I didn’t know what to expect. However, I was also hungry. The baby formula on which I was being nourished was no longer sustaining me. Boy, oh boy, have I been fed. Intention. Introspection. Challenged. Stretched. Pushed. Encouraged.

How do I reflect Christ? Am I working for God or am I allowing God to work through me?

This has been an experience and opportunity to grow in my relationship with Christ that I am so grateful for. I stepped out of my comfort zone and the Lord met me, fed me and has grown me. To God be the Glory for Reverend Hadland’s obedience and allowing Him to use her via the Mentor’s Table.

Karen Hill Johnson

DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

TESTIMONY HIGHLIGHTS

The Mentor’s Table for me is a safe and fun environment for a group of sisters in faith to share our experiences, learn and grow through each other’s story and journey.



Li Ling Liu

All the poems have connected me in different ways but I am especially touched and identified “Emancipation” and “Destined to Soar As An Eagle”. These two poems allow me to have a clear vision of what God wants me to be for His Glory.

Every week I look forward to the bible study, enjoy the meal with my sisters in Christ. The content of the bible study is well organized and flows nicely through each course. However, I especially enjoy the breakout sessions, as I feel the deeper connection with my fellow sisters thorough our sharing and listening. This discussion allowed me to understand the journey of faith and comforted me in knowing that I am not alone.

These sessions have taught me the importance of staying vigilant in faith and in prayer. The readings and discussions have opened my heart to hear God’s calling for me and His path for me.

It has helped me to be calm and grounded in faith. Instead of rushing to do or say out of my emotional response, I now pause to let the Holy Spirit work in me. I have grown in faith through learning to listen and share; especially knowing that I am not alone in this journey had given me a new prospective on what I am going through. I have also learned to recognize my emotions and refocus to God through prayers and ask for Peace and Wisdom.

“STAND FIRM IN THE STORM” is my favorite topic. I am gaining my trust in HIS promises and purpose for my life every time I face challenges.

Becoming a disciple to GOD is not easy, but He has promised that He will be with me till the end. My footprints of the Holy Spirit had led me to accept the calling from God, be His messenger. When my life on earth is done, I want to hear His confirmation saying, “Well done, my faithful servant”.

Thank you, Terry, for introducing and inviting me to Mentor’s Table. Thanks Rev. Hadland for welcoming and taking me to another level of spiritual growth experience. And thanks to all sisters in Christ for sharing your journeys with me, you all are instruments of God. I am humbled and honored to be amongst you all.

Li Ling Liu



Scripture reference for “Stand Firm In The Storm” from Transformational Grace:

“Do I bring to the moment of birth and not give delivery?”...
“Do I close up the womb when I bring to delivery?
Says your God.” Isaiah 66:9

CELEBRATION 2021 HIGHLIGHTS

FRIDAY EVENING SOCIAL



Great to finally meet in person



SATURDAY MORNING - WORSHIP, PRESENTATION OF CERTIFICATES, ADAPTING AND SIGNING THE MENTOR’S TABLE RESOLUTION



DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

CELEBRATION 2021 HIGHLIGHTS

SATURDAY MORNING - WORSHIP, PRESENTATION OF CERTIFICATES, ADAPTING AND SIGNING THE MENTOR'S TABLE RESOLUTION



TESTIMONY HIGHLIGHTS

I have found the Mentor's Table to be a safe place where you can be yourself, by removing the mask and allowing transparency to take place.



Gwen Hepburn

In reading the poems of Transformational Grace I was able to identify with them as they related to what I was going through. The fact that they were written from Rev. Hadland's own experience gives me hope.

The scriptures and lectures caused me to be more intentional about lifting up a standard unto the Lord and to do an introspection of myself, which brought awareness to certain areas in my life that needed to be changed.

The sessions along with the Boot Camps were very enlightening for me. As I listened to the questions and answers I soon realized that I was not alone in the things that I was struggling with i.e. Self Control; Fear of not being good enough; Low self-esteem; Indecisiveness and Insecurity. However, the weekly lectures and boot camps brought clarity that these were ploys of the enemy, which could only hurt you if you accept them. I can truly say; before sitting at the Mentor's Table, I wore a mask for quite some time, I was not my true authentic self, but my false self. "I once was blind, but, now I see."

Being at the Mentor's Table these past weeks and being taught and encouraged in the word of God have brought me to a higher level of maturity in Christ. The mask is off and transparency has taken place. The Footprints of the Holy Spirit have led me to be more intentional in lifting up a standard unto our Lord and Savior Jesus Christ and ... Walk the Walk I Talk.

Gwen Hepburn



DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

SATURDAY MORNING - WORSHIP, PRESENTATION OF CERTIFICATES, ADAPTING AND SIGNING THE MENTOR'S TABLE RESOLUTION



SATURDAY AFTERNOON - CLOSED TO PHOTOGRAPHY, OPEN TO VISITON FROM HOLY SPIRIT



DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

SUNDAY MORNING – CHAPEL, PRAISE AND WORSHIP, MESSAGE, COMMUNION, BENEDICTION

Celebrating our Pentecost Experience in the Chapel and Dining Area



CELEBRATION CLOSE OUT GROUP PHOTO

THANK YOU TO OUR DONORS

- The Advanced Center For Nursing and Rehabilitation
- The Sarah Gamble Foundation
- Anonymous – Sundry Items
- Anonymous – Accommodation Assistance
- Anonymous – Donation to Publish *Transformational Grace* Book



THANKS TO OUR CELEBRATION COMMITTEE

- Terry Dwyer – Chair
- The Reverend Lisabeth Gustafson
- Pastor Eva Gamble
- Bernadine Charles
- Julie O'Connell

DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT