

The Mentor's Table

A Transformative Godly Lifestyle

Quarterly Newsletter

April - June 2022 Edition



AFFIRMATION AND DAILY CONFESSION TO MY FAITH

I am the righteousness of God in Christ Jesus, 2 Corinthians 5:21 - Thank God, accept, believe, act, and declare daily!

WOMEN STEPPING OUT BY FAITH

Reverend Sandra Hadland/Servant Leader

Women stepping out by faith are those who intentionally make up their minds saying 'yes' to God's will and not their own! It is a step-by-step process that once the choice is made to submit to the Lordship of Christ, the Holy Spirit has permission to act, and will lead into what is God's perfect will, resulting in a transformed life. A life not merely lived within God's permissive will, but one that transcends into that of His perfect will. This life of faith being lived by the guidance of the Holy Spirit is trained by Almighty God to be a vessel subject to the providence of God, for His purpose, as God sees fit, and for His glory. This means being totally opened to God even when God bids you to go somewhere, or to do something, that is not disclosed to you until the very last moment. Implicit trust and confidence must be in God knowing that He can be trusted and followed. Just as God called Abraham to leave his family and familiar surroundings to go to a land that He did not disclose, Abraham, by faith trusted God, and was obedient to the directive. This principle of faith is still the same, it is still rooted in the knowledge of a person, not an ideology but the kind of personal relationship you have attained because of your personal knowledge in an abiding relationship with God!

Following this faith path, God continues to allow situations, circumstances, conditions, and people, or whatever is needed, to come up against those who are named by the name of Christ, in order to try them, and hopefully through the process, the character of Christ is built in them. There is however this idea of a fantasy life of faith in God that is expected to produce what is viewed as success – wealth, power, prestige etc. Although at times, any of these may result, the purpose is never for these reasons. On the contrary, the purpose is to allow God to build you again another vessel as the potter sees fit. This will inevitably bring to bear mountain top experiences but also the drudgery of the valley. Both have their place and purpose in our lives and God is using the experiences of both to accomplish His perfect will in us to edify others, and to glorify Himself. Let us be determined to run this race of faith keeping our eyes on Christ, knowing with assurance that the best life we are called to live is a victorious life found only in Christ. "Be steadfast, immovable and always abounding in the work of the Lord knowing that our labor is not in vain in the Lord 1 Cor. 15:58."

EDITORIAL CORNER



Terry Dwyer
Editor

The second cycle reminds me of returning to a restaurant where you had a pleasant and memorable experience. On this sitting, with some knowledge, I find myself bursting with curiosity to see what God is doing anew. Discovering new challenges; updated testimonies and acquiring winning strategies. I am learning that the same poem impacts me in a different way in this season because I am at another point on my journey.

The Mentor is the same. The server is the same. I have dined with some of these sisters before but I am meeting sisters for the first time. Welcome to this safe space. The lessons are refreshed and continue to challenge and inspire me to grow closer to God. I'm growing and stretching. The Holy Spirit continues to guide me on.

Returning for another round knowing exactly what the meal tastes like and yet uncovering new areas of hurt or un-forgiveness or disobedience. My faith walk is an exercise in temperance and self-control.

Prioritizing: Reading ahead, being punctual, taking notes, listening to the Holy Spirit and documenting the footprints have improved for me. The affirmation and Bible memorization are great tools.

Disciplining: Answering questions, constructing the rose bush, writing a letter to God, offering forgiveness and working through the vision board are transformative. I am again participating as a Break-out room leader and collaborating with other rooms for the first time.

Confronting: My lessons so far include speaking up and taking difficult decisions. I have learned to set boundaries and avoid people-pleasing. Being in alignment with God's plans and principles is paramount to walking into His purpose for my life.

I have been so blessed by the openness and growth of all participants. Sharing experiences and learning from the instruction of our server is an added bonus. Staying tuned to the Holy Spirit is an ongoing enlightening experience.



The Mentor's Table **Vision, Mission, and Values**

Non-Denominational, Non-Ethnic, Non-Cultural

Vision Statement

The Mentor's Table Vision is dedicated to empowering persons from all walks of life to fulfill their potential and live up to their God intended purpose.

Mission Statement

Our mission goal is: To encourage, empower, inspire, assist, mentor, and to nurture a "Transformative Godly Lifestyle," one life at a time, while building the kingdom of God.

Values Statement

We intentionally aim to promote, instill and foster by example integrity and excellence, values expressed by Jesus Christ

DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

THINK AND MEDITATE ON THESE THINGS

SCRIPTURES FOR THE SECOND QUARTER APRIL – JUNE 2022



Rev. Sandra Hadland



SCRIPTURES TO BRING LIGHT, HOPE AND PEACE:

For dialogue on any of the scriptures below, please contact Rev. Sandra Hadland on our website at www.thementorstable.com through our "contact us" page, dialogue will begin here!

All Scripture quotes are taken from the NEW KING JAMES BIBLE.

YOU ARE CHALLENGED TO LEARN THE SCRIPTURES BELOW FOR THIS QUARTER, April – June 2022

2 Timothy 2:15

Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth.

Psalms 119:11

Your word I have hidden in my heart, that I might not sin against You

Philippians 4:6-7

6) Be anxious for nothing but in everything by prayer and supplication, with thanksgiving let your request be made known to God; 7) and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Psalms 1:1-3

1) Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful; 2) But his delight is in the law of the Lord, and in His law, he meditates day and night. 3) He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper.

Galatians 5:22-23

22) But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23) gentleness and self-control.

SPECIAL RECOGNITIONS

Congratulations on your union Mr. and Mrs. Christov Finnikin from the Mentor's Table Family



Renee Officer-Finnikin



The Mentor's Table Intercessors



- Julie O'Connell – Lead Intercessor
- Bernadine Charles Stephanie Dawson
- Gwendolyn Hepburn Anja Jett
- Georgia Mack

Our prayers are ongoing for this Ministry, and The Mentor's Table Family.

If you need special prayer, please reach out to us through the website contact button.

Blessings Julie O'Connell, Lead Intercessor

VISION BOARD IN ACTION

I thank God for The Mentor's Table and Reverend Hadland's obedience to God for following through with the assignment given her by God for the Mentor's table – to build a Vision Board for the purpose of helping The Mentor's Table family recognize God's purpose for their lives. Many years ago, God spoke to me concerning journaling on a daily basis. During the process I realized that over the years, what was being produced was 'Memoirs' of my life for which I knew in my spirit was a book. The Holy Spirit gave me the name for the book "which will be announced later. Needless to say, procrastination got the better of me and it was not until I did the assignment for the vision board that it became very clear to me that God wanted to use the information in this book to help others.



Gwen Hepburn

In gathering what was needed and applying it to my vision board my vision became clearer and clearer of what I needed to do and how I needed to proceed. I prayed relentlessly for God's guidance. In doing so, I received the incentive and push of the Holy Spirit to continue writing and also to set a goal for the completion of the book. This book is intended to help others stand firm in the hope of knowing that hope in Christ is alive and well and will be manifested in due time!

Gwen Hepburn

Editorial Corner Continued from Page 1

Heartiest Congratulations to Renee Officer and Christov Finnikin who were wed on August 25, 2021. God bless your marriage Mr. & Mrs. Finnikin! We rejoice with those who rejoice. We grieve with those who grieve. We celebrate those who have and are overcoming. Enjoy the testimonies, photos, messages and the scriptures in this issue. We acknowledge the extensive work of our intercessors, worship leaders Sister Li Ling and her brother, Jonathan, secretary Sister Bernadine, Zoom leader Sister Julie and all who have stepped up to lead break-out rooms. Your support is a blessing!

It has been a tremendous honor to serve in the capacity of Newsletter Editor for the first two issues. My commitment to excellence requires that I pass the baton on. We know that God is in control and He will continue to order our steps. I am so excited that we have Sister Areta volunteering to be our Editor of the Mentor's Table Newsletter. Welcome to the role!

The recent Boot Camp established who we are in Christ. This foundational teaching about understanding that we are body, soul and spirit, respecting our temple, our tabernacle was instructive. Feed the spirit and give no place to the flesh. Amen!

TESTIMONY HIGHLIGHTS

The Mentor's Table means a gift from above. It's a time given to me to reveal God's will and teachings that I need and hearing from other women. By applying God's words of wisdom in these beautifully written poems, the Spirit of the Lord is present and transforming. During our sessions, I discovered the Mentor's Table to be a time for healing and an opportunity to share my personal experiences and expressions about the poems. The Mentor's Table gave a unique opportunity to fellowship with women from all across the world who also desire to seek places in their lives for discovery of how to grow and strengthen their walk with the Lord.



Lorre Alexander

I have identified with the poems from transformation grace scriptures in a revolutionary way by being honest with myself as God's Word unfolds my own self-discovery through the poems. The poems helped me identify and relate to areas of my life where I need to heal and grow. For example, one poem entitled "Stand Firm in the Storm" was shared at the table when I needed it most. The beauty of the Mentor's Table is how God's timing is flawless. I didn't realize how much I needed that poem until later. The words in the poem and guidance from Reverend Hadland, showed how important it is for me to hold on, walk in obedience, and when I have done all that I can do to "Stand"! How powerful that phrase meant to me. During a time of uncertainty, I needed to hear from God on how I should handle a situation in my life. Instead of making a decision, God wanted me to trust Him and stand firm. Thanks be to God, I was able to go through the storm, and come out with peace.

These poems offer a beacon of light and strength in discovering where my challenges are in my spiritual walk. There are times reading the poems I am reminded how truly I am well equipped to overcome anything that I am faced with in tribulations and trials. I need to trust God in the healing process that is often present at the Mentor's Table. I have learned the importance of trusting God in ALL things. I am open to the healing power that the Mentor's Table provides in/outside of our weekly sessions with others.

Like the title of the book, 'Transformational Grace', says it all. These sessions at the Mentor's Table are a perfect blend of transforming with God's grace from once a broken vessel to whole vessel filled with God's perfect love and purpose for life. Each week, the session gives a theme. They allow me to receive what the Lord has given through the poems and the mentorship of Reverend Hadland. Through these sessions I am able to focus not only on the poems that are well and beautifully written but also, appreciate how similarities that each of the women at the table shares and experience in each of our lives strengthen one another. The sessions allow healing for me and the women at so many levels. Through hearing the words which are found in the poem, I apply whatever God shows me to do in my life. I love each session and look forward to the fellowship and God's presence. I am able to release whatever hindrances, or strongholds are holding me back and surrender to God's healing power. In these sessions, God brings true deliverance, and while the sessions are only two hours, following the sessions, I still experience the workings of God's healing after our sessions.

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CELEBRATION 2021 HIGHLIGHTS

RECEPTION



MEET AND GREET WELCOME BY REV. SANDRA HADLAND CELEBRATION PLEDGE



DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

CELEBRATION 2021 HIGHLIGHTS

CELEBRATION PLEDGE A CELEBRATION TO ALMIGHTY GOD

With the help of The Holy Spirit, we abandon ourselves by faith, in total confidence upon you, Almighty God, to be Reckless for Christ. In this, we have deliberately moved everything out of our way, clearing our calendar, for one purpose only – “TO MEET WITH YOU, GOD.”

This celebration is intentional and purposeful. It is a time set aside to gather, being of one mind, one purpose and one goal, AND ON ONE ACCORD – to meet corporately with you, God. We offer our gratitude to you, Lord, for hand picking us for such a time as this – for mentoring us all and pouring out your love on us all these past weeks and months, for molding us to be pleasing to you for strategic purpose, and to witness you in a deeper and more profound way!

Almighty God, with an act of sacrifice, we offer to you ourselves and all that we are spirit, soul, and body, our time, our focus, our finances, our presence, and our praise. Our worship is intentional and purposeful. WE ARE HERE TO COMMUNE WITH YOU and to become more like you!! THIS WE PLEDGE TO YOU, on this celebrated weekend of August 13 - 15, 2021.

THE MENTOR’S TABLE FAMILY



To the right is Reverend Sandra Hadland and Kasia Owczarek sporting her Mentor’s Table bag. Kasia Owczarek is the Director of Special Events/Facility Rental at the Holy Family Passionate Retreat Center. To the left photos of the Holy Family Passionate Retreat Center

TESTIMONY HIGHLIGHTS

Lorre Alexander – continued from page 3

I have applied these sessions to my everyday living. Listening during Mentor’s Table and sharing my experiences at the Mentors Table, I am able to reflect the words of wisdom and spiritual awakening through the poems. I find the lessons shared are similar in nature like the parable in the Bible. Through the stories and the depictions captured in the poems, I learn valuable lessons of how to apply things into my personal life. Each poem is impactful in the sessions that occur weekly, and also Boot Camp sessions, which are custom-made sessions that emphasize topics that are also led by Reverend Hadland.

The Mentor’s Table poems have helped me grow both physically and spiritually. When I started attending the sessions, most of my experiences were through observation and interacting at the table. Over time, those sessions transformed me to be able to identify whose I am in Christ. The poems helped me to put down my “Mask” so that I can be real with myself and walk with the Lord. Some of the highlights in pure discussion at the mentors table were: consisted of breakthroughs in strongholds that I was holding on throughout my life for 55 years; living being able to speak and express words of encouragement and confirmation of the importance of my relationship with the Lord; renewed strength has allowed me to gain more insight about my own personal growth. Reverend Hadland played a pivotal role as the server at the Mentors Table. She not only offered the main course with passion but led us with intention. Through her leadership she has lifted up a standard to be on time and be intentional. She also played an intricate part of my growth at and away from the table. She often contacted me and was available for personal coaching and reaffirmed what was taught during the sessions.

My footprints of the Holy Spirit let me grow in two areas in my life where healing was very much needed. Oftentimes, I am reminded through God’s word the importance of my obedience and willingness to obey God’s word. My family benefited through my sessions at The Mentor’s Table. I can apply them to my own life but also share what I learned from each session with my family. Each session occurred via zoom which allowed me to be at home listening, growing and sharing while at the same time offering the same sense of purpose. I am very grateful for being part of The Mentor’s Table. It has been a life changer. I could not have gained the level of healing and support of those other strong women within a short period of time. The sessions will always be a reminder of where I came from and where I ended up. Looking back years from now, I will be forever grateful with The Mentor’s Table, a time of reflection. Timing is everything and applying the word along with the lessons taught at each session has helped me grow. This was a unique opportunity for me to come together with other women who are also seeking a greater understanding of God and His love for us. Thanks be to God for this opportunity, I have been blessed at these sessions.

Lorre Alexander

TESTIMONY HIGHLIGHTS

The Mentor's Table is exactly what I have yearned for, to learn how to put into action God's word, making it more than words on a page but real in my life. Over thirty weeks Reverend Sandra Hadland, our server, has gracefully guided us on a journey of introspection uncovering those hidden places in our lives in preparation for growth. It has not always been easy, and at times painfully difficult to see the mess but getting unstuck is what this is about. The spiritual poems from 'Transformational Grace', along with the Scriptures at the end of each poem, lectures, boot camps and even the exercises, have been taught in an experiential way to give a revelation of the person of Jesus Christ and His standard for living. Moreover, the Scriptures found at the end of each poem have been made known in a way for real understanding that we are not only hearing it but living it. I learned that being intentional about the work that needs to be done means accepting the challenge, facing the truth, and trusting God. The work done at the table is where God is made real.



Julie O'Connell

All the poems have spoken directly to me causing a change in my life. While I have been affected by each of the poems there are simply too many to go through individually. "Look to the Source" is one poem that pushed me to accept responsibility for my choices without making excuses justifying my actions or anything that does not match up to God's standard. In addition, it stretched me to take a step of faith into an opportunity for the office that I might otherwise not have done, simply by doing it afraid.

A pivotal poem was "A Letter to God". It was a place of surrender where my focus shifted from myself to God. Reverend Sandra Hadland encouraged us to write our own letter to God and to share it with the group. It was in the action of doing it, that I got to see me for me with all my striving and busyness to succeed by doing it myself. God got my attention. It was time just jump in by trusting Him. And that I did by offering to be an intercessor and pressing further, agreed to be the lead intercessor for the Mentor's Table. Participating in the discussions both in the breakout rooms and the larger group have afforded the opportunity to share the pains, and embarrassments that come simply by living, in a safe, nonjudgmental environment. The support has been encouraging, the stories inspiring and together we have grown through the experience. The two boot camps revealed to me a deeper understanding of who I have been created to be and what holds me back from being free to live in the power of God's grace. These powerful messages opened my eyes to see things more from God's perspective. My life has been transformed by the grace of God and the experience of The Mentor's Table. I look for Him in the ordinary, push beyond my own limitations and see His overflowing grace in the lives of others in ways I have not before. Absolutely Grateful! The culmination of this transformative thirty-week journey is a celebration of praise on to the Lord.

Are you ready for the change? It is time to just jump in.

Gratefully,
Julie O'Connell,

CELEBRATION 2021 HIGHLIGHTS

FRIDAY EVENING SOCIAL



Great to finally meet in person



SATURDAY MORNING - WORSHIP, PRESENTATION OF CERTIFICATES, ADAPTING AND SIGNING THE MENTOR'S TABLE RESOLUTION



DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

CELEBRATION 2021 HIGHLIGHTS

SATURDAY MORNING - WORSHIP, PRESENTATION OF CERTIFICATES, ADAPTING AND SIGNING THE MENTOR'S TABLE RESOLUTION



TESTIMONY HIGHLIGHTS

The Mentor's Table to me was a place of restoration, where wounds were exposed, cleaned, treated and bandaged so that the healing process could take place. With transparency, honesty and willingness and sometimes, not so willing to share, brokenness, frustration, bitterness, anger, jealousy, loneliness, un-forgiveness, spiritual barrenness and all other strongmen of the sins that so easily beset us were exposed. The reality was I was not alone; there were other broken vessels, shattered pieces longing for healing and mending. And so, the Mentor's Table became a place of acceptance, come as you are; a safe haven, a place of refreshing, renewal, revival, comfort, security, spiritual stability and yes, Love.



Karen Woodside

The poems from Transformational Grace, scriptures and lectures were so intertwined, matter of fact and direct that choices had to be intentional. My willingness to make God my source must be from that point where I am willing and prepared to get out of my comfort zone and lunge into the deep. Take responsibility, no excuses. It has to be intentional, all or nothing.

These sessions are enabling the process of my healing. My perspective is different, and I realize that my expectations of people are just that, my own. People have to be accepted for who they are and at the place where they are. No one is perfect. I am not perfect, therefore, to try to expect perfection is not reasonable. I am less judgmental and more forgiving.

Remembering my first dinner at the Mentor's Table I reflect on the emotionally crippled person, crying, heavy laden with pain, hurt, depression, oppression, suppression, betrayal and disappointment from people whom I trusted and thought had my back; now I could only smile, oh but the grace of God. That deep feeling of emptiness and asking myself, "Is this all to my life?" They are no longer my friends!! I am in control of my own joy. I determine whether I am going left or right.

Nothing comes easily, suffering, disappointments, hardships are all a part of the journey and building of character and perseverance, olives have to be crushed to make oil. I am being led to be still, no complaining or murmuring but praising my way through.

Karen AD Woodside



DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

SATURDAY MORNING - WORSHIP, PRESENTATION OF CERTIFICATES, ADAPTING AND SIGNING THE MENTOR'S TABLE RESOLUTION



SATURDAY AFTERNOON - CLOSED TO PHOTOGRAPHY, OPEN TO VISITON FROM HOLY SPIRIT



DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT

SUNDAY MORNING – CHAPEL, PRAISE AND WORSHIP, MESSAGE, COMMUNION, BENEDICTION

Celebrating our Pentecost Experience in the Chapel and Dining Area



CELEBRATION CLOSE OUT GROUP PHOTO

THANK YOU TO OUR DONORS

- The Advanced Center For Nursing and Rehabilitation
- The Sarah Gamble Foundation
- Anonymous – Sundry Items
- Anonymous – Accommodation Assistance
- Anonymous – Donation to Publish *Transformational Grace* Book



THANKS TO OUR CELEBRATION COMMITTEE

- Terry Dwyer – Chair
- The Reverend Lisabeth Gustafson
- Pastor Eva Gamble
- Bernadine Charles
- Julie O'Connell

DARE TO DREAM, LISTEN FOR THE HOLY SPIRIT, PRAY AND ACT